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PLAYING WITH KANAKAISM: USING DRAMA THERAPY AND ROLE THEORY TO DECONSTRUCT COLONIALISM IN HAWAI'I

RACHEL K. LEE SOON

DRAMA THERAPY

DEPARTMENT OF MUSIC AND PERFORMING ARTS PROFESSIONS

NEW YORK UNIVERSITY

Ms. Rachel K. Lee Soon
New York University
Drama Therapy - Dept. of Music and Performing Arts Professions

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Drama therapy is an embodied method of psychotherapy that is capable of exploring and working with that which is beyond words. Using different modalities of drama, theater, and play, participants are able to rehearse and perform the change they wish to see in their lives, and in the world around them. This paper explores the use of drama therapy techniques, in particular a theoretical approach called role theory, as a way to deconstruct and work with the residues of this historical narrative.